



## VIRTUAL ANNUAL MEETING

*A World of Opportunities: Leveraging the Power of Home Care Medicine*

**DETAILED AGENDA** *(subject to change)*

October 23–24, 2020 | Preconference Sessions October 22

# 2020

# PRECONFERENCE DAY

Thursday, October 22

All times in Eastern Daylight (EDT)

8:25 AM – 5:30 PM

## Home Centered Care Institute (HCCI) Preconference

8:25 AM – 12:30 PM

### Daily Dilemmas in Home-Based Primary Care – Clinical Challenges

- › **Addressing the Impact of Social Determinants of Health (SDoH) on Your Homebound Patients**  
*Rachel Zimmer, DNP, AGPCNP-C*
- › **Treatment of Patients with Behavioral Disorders and Psychiatric Illness in the Home**  
*James M. Ellison, MD, MPH*
- › **Difficult Conversations – Effective Advance Care for Planning for the Homebound Patients**  
*Stephanie Anderson, DNP, RN*
- › **Knowing When and How to Dismiss Patients from Your Practice**  
*Paul Chiang, MD*

12:30 PM – 1:25 PM

### Lunch

Visit with AAHCM Sponsors and Exhibitors

1:25 PM – 5:30 PM

### Daily Dilemmas in Home-Based Primary Care – Practice Productivity and Reimbursement

- › **Clinical and Practice Management Aspects of Telehealth**  
*Brianna Plencner, CPC, CPMA*  
*Paul Chiang, MD*  
*Rachael-Linn Spooner, MBA*  
*Tammy Browning, PA-C*
- › **Tips from the Trenches: Rev Up Your HBPC Practice**  
*Brianna Plencner, CPC, CPMA*  
*Janet Hastreiter, MHA, BSN, RN*  
*Rachael-Linn Spooner, MBA*  
*Tammy Browning, PA-C*
- › **Updates in Home-Based Primary Care Coding and Billing**  
*Brianna Plencner, CPC, CPMA*

1:00 PM – 5:00 PM

## Smith & Nephew Preconference

### The T.I.M.E Principles of Wound Bed Preparation: A Guide for Managing the Barriers to Healing

*Julie Glendenning, MS, APN-BC, CHPN, WCC*

*Kristi Huebner, MSN, RN, CWS*

*Anne Johnson, MSN, RN, CWON*

*Shawna Ramey, CPC, CPMA*

*Mandy Spitzer, BSN, RN, CWOCN, CFCN*

The goal for this preconference session is to enhance clinical confidence and decision making of the wound assessment process, dressing and therapy selection, and chronic wound management to ultimately improve treatment success.

1:00 PM – 4:00 PM

### Visit with AAHCM Sponsors, Exhibitors, and Posters Special exhibit hours are in effect for our Virtual Exhibit & Poster Halls!

Enjoy an interactive, engaging, online environment that allows you to learn about products and services without leaving the comfort of your home office! Take the time to RACK up your leaderboard points by visiting with the exhibitors and posters, where you'll find information on cutting-edge technologies, tools and resources.



# ANNUAL MEETING DAY 1

Friday, October 23

All times in Eastern Daylight (EDT)

7:00 AM – 6:00 PM

Visit with Exhibitors and Posters

7:00 AM – 8:00 AM

Attendee Breakfast with Exhibitors

8:00 AM - 8:10 AM

Welcome

Elizabeth McCormick, MD

Tom Lally, MD

AAHCM Program Committee Co-Chairs

8:10 AM - 8:20 AM

Opening Remarks

Theresa A. Soriano, MD, MPH, AAHCM President

8:20 AM - 9:30 AM

Opening Keynote

**Building Future Payment and Clinical Models for the Field of Home Care Medicine**

Gary Bacher, JD, MPA, Chief Strategy, Policy & Legal Affairs Officer, Capital Caring Health

9:30 AM - 9:45 AM

Break and Visit with Exhibitors

9:45 AM - 10:55 AM – CHOOSE ONE SESSION

## Session A

### Managing Change in Home-Based Primary Care Practices

Mattan Schuchman, MD, Assistant Professor of Medicine, Division of Geriatric Medicine and Gerontology, Johns Hopkins University School of Medicine

Michele Levy, MSW, MSOD, Organizational Consultant, Hall, Levy, Newman, & White Consulting

Beth Skillen, BSN, RN, Manager, Palliative Care, Geriatrics, Advanced Care Coordination Program, Mercy Health

The speakers will introduce a framework for executing successful change efforts and apply the key principles to real-world scenarios from two home-based medical care practices. The practice leaders will share successes, challenges, and lessons learned. Attendees will have an opportunity to explore change

## Session A, continued

efforts within their practices using the framework provided. The session will offer both a theoretical perspective and concrete takeaways applicable to organizations and change efforts of any size and scale.

## Session B

### Bite-Sized Clinical Topics in Home Care Medicine

#### › Less is More: Deprescribing in 5 Steps During a Home Visit

Maria Mendoza De la Garza, MD, Assistant Professor of Medicine, Divisions of Community Internal Medicine (CIM) and Geriatric Medicine & Gerontology, Mayo Clinic

Polypharmacy is associated with adverse drug reactions, functional and cognitive decline, falls, increased health care utilization, and mortality. Half of patients above the age of 65 take five or more prescribed medications. Deprescribing has the potential to reduce up to 25% of all-cause mortality. A simple yet comprehensive five-step process of deprescribing for clinicians providing home care medicine will be presented, focusing on the importance of presenting deprescribing as a shared decision-making process with patients and families/caregivers in the context of their goals of care.

#### › Wound Debridement in the Home Setting: Safety and Efficacy

Thomas E. Serena, MD, FACS, MAPWCA, FACHM, Founder and CEO, SerenaGroup® Inc.

Debridement, the removal of nonviable tissue, is a fundamental procedure in wound care. Nurses caring for patients with chronic wounds in the home setting must achieve competency in this skill. This presentation will review the literature on debridement in chronic wounds, present recent clinical trial evidence for the safety and efficacy of a novel debridement tool, and suggest options for debridement by home health clinicians.

#### › Oral Hygiene Care Challenges for the Caregiver and their Dementia Clients

Joy Poskozim, DDS, FSCDA, Dentist/Owner, Joyful Dental Care

### *Session B, continued*

Managing daily oral care can be time consuming, difficult, and messy. Identifying dental and oral care problems is also challenging. When a patient is unable to eat or swallow, they are unable to thrive. In this session, home health care professionals will discover several major mouth and mouth-related issues when caring for those suffering from memory loss and dementia/Alzheimer's, and their potential solutions.

### **Session C**

#### ***Strategies to Improve Acute Care Transitions: The Emergency Department Joins the Interdisciplinary Team***

*Adam Perry, MD, Geriatrician, Emergency Physician,  
The Geriatric Emergency Department Collaborative*

Referencing rapid evolution in acute care of complex older adults, this session utilizes an interactive, case-based format to help attendees develop a program to partner with emergency departments.

10:55 AM - 11:10 AM

***Break and Visit with Exhibitors***

11:10 AM - 12:10 PM – CHOOSE ONE SESSION

### **Session A**

#### ***Telehealth in Home-Based Primary Care: Lessons Learned During the COVID-19 Pandemic and Opportunities for the Future***

*Karen A. Abrashkin, MD, Medical Director, Clinical Call Center, Northwell Health*  
*Gelena Lifchitz, MD, MPH, CEO & Founder, TealHeal Mobile Medical*  
*Jeff Kang, MD, MPH, Chief Executive Officer, WellBe Senior Medical*

The COVID-19 pandemic pushed the limits of rapid technological implementation in home-based primary care, a field that typically relies heavily on face-to-face interactions across the country. Programs, patients, and caregivers had differing levels of experience and access to technology, and consequently developed different ways of protecting patients and staff while still aiming to deliver vital services in the home. This

### *Session A, continued*

session will feature leaders from three programs that took different approaches to telehealth in the COVID-19 pandemic. Come learn from these experiences and take away best practices that you can use in your own program design.

### **Session B**

#### ***Leveraging the Power of Teams in Home-Based Medicine – Development of a Patient Stratification Tool***

*Rebecca S. Ramsay, MPH, BSN, Chief Executive Officer, Housecall Providers*  
*Pamela Miner, MD, Primary Care Medical Director, Housecall Providers*  
*Naja Di Pilla, MBBS, MBA, Quality Manager, Housecall Providers*

The demand for home-based care is growing and payers are increasingly recognizing its value. The efficient use of interdisciplinary teams is critical to meet this increasing demand. We present resources, including a stratification tool, to aid deployment of the interdisciplinary team effectively across a population to ensure equity in limited resource use. Using this model and process improvement methods, we have increased provider panels while supporting a more complex population and improving staff resilience.

12:10 PM - 1:15 PM

***Attendee Lunch with Exhibitors***

1:15 PM - 2:15 PM – CHOOSE ONE SESSION

### **Session A**

#### ***Opportunities to Transform Your Revenue Model: Value-Based Reimbursement***

*Franke P. Elliott, Co-Founder & Chief Strategy Officer, Bloom Healthcare*

In this session, the presenter will provide an overview of value-based reimbursement models and opportunities for home and community-based primary care practices to transform their revenue model from Fee-for-Service to Value-Based Care.

## Session B

### Palliative Care

#### › Serious Illness Conversations During COVID-19

*Kate McGrath, MD, Assistant Professor,  
Department of Medicine, Division of  
Hematology/Oncology, University of  
Pennsylvania*

This session will explore unique aspects of advance care planning during the COVID-19 pandemic. In these emotionally challenging times, utilizing a guide to direct a discussion about a patient's values and preferences can help ensure a high-quality conversation and shape a goal-concordant care plan. The speaker will highlight the Serious Illness Conversation Guide developed by Ariadne Labs and provide an adapted tool for use specifically in home-based primary care.

#### › Capacity Assessment: Just the Pearls

*James M. Ellison, MD, MPH, Geriatric Psychiatrist  
and Administrator, Swank Foundation  
Endowed Chair in Memory Care and Geriatric  
Consultations, ChristianaCare*

In this session, the speaker will define the concept of "Capacity Determination:" reviewing the definition of capacity, why we need to assess it and how to do so and documenting that process in a valid and systematic way. Capacity Assessment is an important element of primary care and home care, supporting our patients' needs and rights.

#### › Management of Delirium and Dyspnea in the Palliative Care Patient

*Deborah Way, MD, CMD, FAAHPM, Director,  
Palliative Care Services, Corporal Michael J.  
Crescenzo VA Medical Center*

The speaker will present a brief description of the prevalence and potential etiology of delirium and dyspnea in the Palliative Care population and several evidence-based methods for management in this case-based session.

## Session C

### Optimizing Communication within Interdisciplinary Teams: Lessons from the VA to Leverage Your Team's Strengths

*Brian Green, MD, Medical Director, Home-Based  
Primary Care, VA Boston*

## Session C, continued

A discussion of lessons learned, tools developed, and strategies for making interdisciplinary meetings more efficient and effective. The speaker will also present outcomes data on successful teams.

2:15 PM - 2:30 PM

### Break and Visit with Exhibitors

2:30 PM - 3:40 PM — CHOOSE ONE SESSION

## Session A

### The Therapy Continuum in the Home: Where We Are and Where We are Going

*Linda V. DeCherrie, MD, Clinical Director, Mount Sinai  
at Home, Mount Sinai Health System  
David Levine, MD, MPH, MA, Associate Physician  
and Assistant Professor, Brigham and Women's  
Hospital, Harvard Medical School  
Charles T. Pu, MD, FACP, CMD, Medical Director,  
Center for Population Health, Massachusetts  
General Brigham  
Carol Siebert, OTD, OT/L, FAOTA, Occupational  
Therapist, The Home Remedy PLLC*

This session will begin by describing the role of OT in a home-based primary care setting, addressing support for self-management, reducing fall risk, and environmental adaptation. With this background, the session will move on to describe when a higher level of therapy and support are required. Traditionally, this care would be provided in a skilled nursing facility. However, we will describe the rehab-at-home model, the patients who are suitable for rehab-at-home, and the key lessons learned from our rehab-at-home programs.

## Session B

### Surviving and Thriving in a Fee for Service World

*Cindy Longanacre, Vice President, Clinical Services,  
Physician HouseCalls  
Hank Ross, MBA, CEO, Physician HouseCalls  
Shawna Ramey, CPC, CPMA, Owner, Ramey  
Management Solutions*

How can my practice survive without a value-based contract? This session will help practices identify practical efficiencies that they can implement along with identifying the most lucrative (both financially and clinically) non face-to-face coding opportunities

### Session B, continued

available to HBPC practices. Attendees will walk away confident that by implementing the strategies presented they can thrive in a fee for service marketplace.

### Session C

#### ***Social Isolation and Loneliness at Home in the Time of COVID-19 – A Review of Interventions Done and Lessons Learned***

*Courtney Gordon, DNP, MSN, GNP-BC, ACHPN, Nurse Practitioner, University of California, San Francisco*

*Carla Perissinotto, MD, MHS, Associate Chief, Geriatrics Clinical Programs, University of California, San Francisco*

*Ashwin Kotwal, MD, MS, Assistant Professor, Department of Medicine, Division of Geriatrics, University of California, San Francisco*

*Marina Nellius, LCSW-C, Community Social Worker, MedStar House Call Program*

The COVID-19 pandemic exacerbated a growing public health crisis among older adults: Social isolation and loneliness. With older adults instructed to “shelter in place,” many lost access to resources that were vital to their daily lives. This included both formal and informal support systems: food access, companionship, socialization, assistance with activities of daily living, and access to in-person medical care. In this session, we will review prior strategies that were strengthened and novel strategies that emerged during COVID-19 to mitigate social isolation and loneliness. We will discuss identification of loneliness and social isolation, plans to sustain successful interventions, and how we can proactively apply lessons learned to future efforts.

### Session D

#### ***Policy & Regulatory Update***

*Priya Lamba, Vice President, Healthspieren, LLC*

*Ray Quintero, Managing Partner, Healthspieren, LLC*

*Richard J. Zall, Partner, Chair, Health Care Industry Practice, Proskauer Rose LLP*

Gain an in-depth look at the policy and regulatory updates impacting home care medicine. Topics can include payment models (PCF, DC, IAH) and key flexibilities/changes resulting from COVID-19 (telehealth, NP/PA home health ordering, etc.)

**3:40 PM – 4:00 PM**

#### ***Break and Visit with Exhibitors***

**4:00 PM - 5:30 PM**

#### ***Annual Membership & Town Hall Meeting – Featuring President’s Message and Awards***

*Theresa A. Soriano, MD, MPH, AAHCM President*

*Norman Vinn, DO, MBA, AAHCM President-elect*

*Robert Sowislo, MBA, AAHCM Board Member &*

*Public Policy Steering Committee Vice-chair*

*Brent T. Feorene, MBA, AAHCM Executive Director*

*Konstantinos Deligiannidis, MD, AAHCM Awards*

*Committee Chair*

Learn about Academy updates, results, review critical issues, and discuss important initiatives to ensure the success of your organization. Engage in Q&A with your AAHCM leaders and colleagues to continue building a home care medicine community. And join us as we announce and celebrate our prestigious 2020 AAHCM Award Winners.

**5:30 PM – 6:30 PM**

#### ***Virtual Reception – Hosted in Zoom***

[Register Here](#) if you haven’t already.



# ANNUAL MEETING DAY 2

Saturday, October 24

All times in Eastern Daylight (EDT)

7:00 AM – 3:00 PM

Visit with Exhibitors and Posters

7:00 AM – 8:00 AM

Attendee Breakfast with Exhibitors

8:00 AM – 9:00 AM

## Keynote

### How Can We Advance a Shared Vision for Diversity, Equity and Inclusion in Serious Illness Care?

Jon Broyles, Executive Director, Coalition to Transform Advanced Care (C-TAC)

Rev. Dr. Tyrone Pitts, co-chair of the C-TAC Interfaith Diversity Workgroup and General Secretary Emeritus, Progressive National Baptist Convention

9:00 AM - 9:10 AM

Break and Visit with Exhibitors

9:10 AM - 10:20 AM

## Special Panel Session

### Across the Globe: How HBMC is Addressing Health System Needs During the COVID-19 Pandemic

Nengliang (Aaron) Yao, PhD, Deputy Director of the Institute on Aging, Shandong University; Research Director, HCCI; Research Scientist, University of Virginia Section of Geriatrics

Cláudio Flauzino de Oliveira, MD, PhD, CEO, Home Doctor - Brazil

Tadashi Wada, MD, Director, Home Care Medical Services, Irahara Primary Care Hospital - Japan

Irina Jara Calabuig, MD, Family and Community Medicine Physician, Primary Care at the Xàtiva-Ontinyent Health Department - Spain

Antonio Torrijos, MD, Home Hospitalization and Palliative Care, La Ribera University Hospital, Valencia – Spain

Weiling Lai, MD, Vice-President, Community Coronavirus Prevention Program, Taiwan Society of Home Health Care – Taiwan

Aihua Cheng, MD, Chief Physician, Director of ED and Geriatrics Department of Handan People's Hospital - China

Matthieu de Stampa, MD, Geriatrician, Assistance Publique, Hôpitaux de Paris (APHP) – France

The World Health Organization (WHO) officially declared COVID-19 as a pandemic on March 12, 2020. The majority

of the roughly 300,000 deaths by mid-May were adults 65 years and older, and hospitalization rates were highest among older adults. As the world grapples with an accelerating number of new cases, healthcare systems have called for protecting vulnerable older adults from COVID-19 and increasing hospital bed capacity. Home-based medical care providers across the globe have seen a rise in demand for their services as more vulnerable patients stay home to reduce their risk of exposure to the virus. Before COVID-19, most medical home care practices focused on providing care to the millions of frail, homebound older adults who are often unable to access health care due to a combination of severe chronic conditions and functional impairments. Their numbers are rapidly increasing globally because of the aging population. They have the greatest need for primary/palliative care AND the most difficulty accessing these essential services. Many of these patients relied on emergency rooms as their primary source of medical care before COVID-19.

This international panel promotes aging in place from a multidisciplinary perspective, with a special focus on COVID-19. The presenters are experts in home care medicine from Brazil, Spain, Taiwan, France, China, and Japan. They will cover many themes: COVID-19 patients; new patients; home visits; telemedicine; PPE; personnel lost; administrative changes; new normal; and the future of home care medicine.

10:20 AM - 10:30 AM

Break and Visit with Exhibitors

10:30 AM - 11:40 AM – CHOOSE ONE SESSION

## Session A

### Caring for Caregivers with Confidence

Molly Di Tommaso, APRN, CNP, DNP, Nurse Practitioner, Mayo Clinic

Mia Yang, MD, Assistant Professor, Medical Director, Wake Forest Baptist Health

Rachel Zimmer, DNP, AGPCNP-C, Wake Forest Baptist Health, IM: Gerontology

This session will use case-based discussion to evaluate caregiver burden using validated tools, using the 5Ms framework, and offer communication tips

### [Session A, continued](#)

for common dos and don'ts and using Harvard's seriously ill conversation framework. Presenters will apply these tools to the cases described and provide take-home points.

### **Session B**

#### **Home Care Medicine Educators: Teacher's Swap – Sharing Home Care Educational Curricula and Evaluations**

*Rachel K. Miller, MD, MsED, Associate Professor, Medicine, Division of Geriatric Medicine, Perelman School of Medicine, University of Pennsylvania; Corporal Michael J. Crescenz VA Medical Center, Philadelphia VA Hospital*

*Melissa Morgan-Gouveia, MD, FACP, Assistant Professor of Medicine, ChristianaCare  
Katherine Wang, MD, Assistant Professor, Icahn School of Medicine at Mount Sinai*

Home care medicine is an ideal venue for trainees to learn how to provide high value care to a complex and vulnerable population and understand innovative models of care. This session will feature home care curricula, educational models, and evaluations that are being used for a variety of trainees. In this "teacher's swap," attendees will have ample opportunity to hear from the educators, discuss their experiences, ask questions, and contribute ideas through the chat feature of the virtual platform.

### **Session C**

#### **Poster of the Year Presentations**

*Elizabeth McCormick, MD, AAHCM Program Committee Chair  
Gabrielle Schiller, MPH  
Michelle Grinman, MD, FRCPC, MPH*

Join us as the 2020 Poster of the Year Awards are presented.

**11:40 AM - 12:45 PM**

#### **Attendee Lunch with Exhibitors**

**12:45 PM – 1:45 PM – CHOOSE ONE SESSION**

### **Session A**

#### **VA Emergency Preparedness and the COVID-19 Pandemic**

*Darlene M. Davis, MHA, NHA, RD, National HBPC*

*Program Manager, Veterans Health Administration, Geriatrics and Extended Care*

### [Session A, continued](#)

*Erica Markovitz, MD, Medical Director, HBPC, VA Ann Arbor Healthcare System*

Get an introduction to the established baseline VA emergency preparedness protocols and their implementation/use during the COVID-19 pandemic.

### **Session B**

#### **State of the Science in Home Care Medicine**

*Orla Sheehan, MD, PhD, Assistant Professor, Division of Geriatrics and Gerontology, Johns Hopkins University School of Medicine  
Katherine Ornstein, PhD, MPH, Associate Professor, Brookdale Department of Geriatrics and Palliative Medicine; Research Director, Institute for Care Innovations at Home, Mount Sinai at Home; Faculty, Institute for Translational Epidemiology; Icahn School of Medicine at Mount Sinai*

This session will provide a detailed overview of current research in the field of home care medicine geared to providers and administrators who do not have research training. The presenters will summarize the evidence base related to home-based primary care and other clinical services in the home, highlighting clinical, policy, and cost outcomes. They will systematically review recently published literature, identify research gaps in the field, ask the audience to share the gaps they see, and then share insights on future research directions.

### **Session C**

#### **Ultrasound Guided Management of Congestive Heart Failure (CHF)**

*Paul Wallace, MD, Physician, President, Insight Home Physicians, University of Pennsylvania Medical School  
Daniel Kim, MD, Geriatric Fellow, Hospital of University of Pennsylvania  
Bruce Kinosian, MD, Associate Professor, Division of Geriatrics, University of Pennsylvania  
Rachel K. Miller, MD, MsED, Associate Professor, Division of Geriatric Medicine, Perelman School of Medicine, University of Pennsylvania;  
Corporal Michael J. Crescenz VA Medical Center, Philadelphia VA Hospital*

### Session C, continued

Congestive heart failure (CHF) is one of the most common admitting diagnoses for elderly patients and the associated mortality and morbidity are significant. The limitations of physical examination for assessment of volume status makes it difficult for home care providers to detect and treat occult congestion. Point-of-care ultrasound (POCUS) is highly accurate for the diagnosis CHF and recent research has shown that POCUS can decrease hospital admission and improve long term outcomes in CHF. In this session we review the evidence and provide an overview of relevant techniques such as lung, IVC, IJ, and echo.

1:45 PM – 2:00 PM

Break and Visit with Exhibitors

2:00 PM – 3:00 PM

### Closing Keynote

*Pandemics, Poverty and Racism: What Does Home Care Have to Do With It?*

Louise Aronson, MD, MFA, Professor of Medicine,  
University of California, San Francisco, and  
Elderhood Author

### AAHCM 2020 Annual Meeting: Continuing Education

#### ACCREDITATION STATEMENT:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of PeerPoint Medical Education Institute, LLC and The American Academy of Home Care Medicine. The PeerPoint Medical Education Institute, LLC is accredited by the ACCME to provide continuing medical education for physicians.

#### DESIGNATION STATEMENT:

The PeerPoint Medical Education Institute, LLC designates this internet live activity for a maximum of 11.25 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

[View the Accreditation and Designation Statements along with the Disclosure Report here.](#)

## VIRTUAL ANNUAL MEETING

### A World of Opportunities: Leveraging the Power of Home Care Medicine

Oct. 23–24, 2020 • Preconference Sessions Oct. 22

Register today at [aahcm.org](http://aahcm.org)

